

The Buckingham

An SQLC Community

SAMPLE MENU

MONDAY

- Soup:** Thai Chicken Noodle
- Salad:** Squash & Orzo Salad
- Entrées:** Cheese Ravioli & Chicken
Honey Garlic Glazed Salmon
Grilled Filet of Beef
- Sides:** Grilled Asparagus, Whipped Potatoes,
Charred Brussels Sprouts,
Glazed Baby Carrots

TUESDAY

- Soup:** Spinach, Sausage & Lentil
- Appetizer:** Hummus & Pita Chips
- Entrées:** Potato Wedge & Chicken Bake
Grilled Atlantic Salmon
Beef Lasagna
- Sides:** Garlic Spinach, Whipped Potatoes,
Baked Sweet Potato, Glazed Baby Carrots

WEDNESDAY

- Soup:** Creamy Chicken Gnocchi
- Salad:** Greek Cucumber Salad
- Entrées:** Chipotle Chicken Fajitas
Mussel Cioppino
French Dip
- Sides:** Baked Potato, Charred Brussels Sprouts,
Garlic Spinach, Grilled Asparagus

ALWAYS AVAILABLE

- Soup:** Tomato Basil
- Salads:** Rosewood Salad, Caesar Salad
- Entrées:** Rosewood Burger
The Buckingham Club
Rosewood Grilled Cheese

THURSDAY

- Soup:** Southwest Turkey Soup
- Salad:** Panzanella Salad
- Entrées:** Chicken & Sausage Flatbread Pizza
Scallops Alfredo
Salisbury Steak
- Sides:** Grilled Asparagus, Whipped Potatoes,
Charred Brussels Sprouts,
Glazed Baby Carrots

FRIDAY

- Soup:** New England Clam Chowder
- Salad:** Bacon Salad
- Entrées:** Spinach & Artichoke Stuffed Chicken
Creamy Avocado Lime Mahimahi
Beef & Bean Chimichanga
- Sides:** Garlic Spinach, Whipped Potatoes,
Baked Sweet Potato, Glazed Baby Carrots

SATURDAY

- Soup:** White Bean Escarole Soup
- Salad:** Crab Salad Cup
- Entrées:** Chicken Dijonnaise
Grilled Branzino Gremolata
Curry & Coconut Grilled Pork
- Sides:** Baked Potato, Charred Brussels Sprouts,
Garlic Spinach, Grilled Asparagus