

SUN

MON

TUE

WED

THUR

FRI

SAT

SEPTEMBER BIRTHDAY  
Dorothy "Dot" Thompson

HAPPY  
**LABOR DAY**  
SEPTEMBER 3RD

MASS & ANOINTING  
WITH FR. MICHAEL  
THURS, SEPT 6TH  
3:30 PM

Remembering  
**9/11**

OKTOBERFEST BASH  
WITH RODNEY  
MON, SEPT 17TH  
3:30 PM

Shannon Schmidt  
Lifestyles Manager  
Rachel Sundin  
Lifestyles Coordinator

Welcome to September  
Day! **1**  
9:30 AM Wellness Workout  
10:00 AM Saturday Documentary  
2:00 PM Match Them Up!  
3:00 PM The Lucy Show  
4:00 PM Musical Memories  
7:30 PM Saturday Film (Channel 897)

**2**  
**Player Piano Day**  
9:30 AM Wellness Workout  
10:00 AM Hymn Sing Along  
10:30 AM Coupon Club  
**11:00 AM Chapelwood UMC Service (2AR)**  
1:30 PM Pretty Nails  
2:00 PM Sunday Cinema  
4:00 PM Break with Frank  
6:30 PM Easy Listening

**3**  
**Labor Day**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Word Games  
2:00 PM Junk Drawer Detective  
3:00 PM Snacktivity  
4:00 PM Memory Lane Monday  
4:30 PM Bible Study  
6:30 PM Our Musical Favorites

**4**  
**The Price is Right Day**  
9:30 AM Wellness Workout  
10:00 AM Finish the Lyric  
11:00 AM Hymns & Harmonys  
2:00 PM Sensory Relaxation  
3:00 PM Snack o'Clock  
**3:30 PM Catholic Communion (1DR)**  
4:00 PM Suzy Q Sing Along  
6:30 PM Hand Spa

**5**  
**Cheese Only Day**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Make Mac & Cheese  
2:00 PM Hymns & Harmonys  
**3:30 PM Wine Down w/ Jon Ingram (1LR)**  
6:30 PM Walkers & Rollers

**6**  
**Yellow Daisy Days**  
9:30 AM Wellness Workout  
**10:00 AM Guardian Angel**  
**Notes with Jessica**  
11:00 AM Sort it Out  
2:00 PM Finish the Drawing  
3:00 PM Snack o'Clock  
4:00 PM Let's Take a Walk  
4:30 PM Bible Study  
6:30 PM Hand Spa

**7**  
**Fragrance Friday**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Wacky Wordies  
2:00 PM Guess that Fragrance  
3:00 PM Snacktivity  
4:00 PM Name That Tune  
7:30 PM Friday Film (Channel 897)

**8**  
**Pledge of Allegiance First Published**  
9:30 AM Wellness Workout  
10:00 AM Saturday Documentary  
2:00 PM Match Them Up!  
3:00 PM Dick Van Dyke Show  
4:00 PM Musical Memories  
7:30 PM Saturday Film (Channel 897)

**9**  
**Grandparents Day**  
9:30 AM Wellness Workout  
10:00 AM Hymn Sing Along  
10:30 AM Coupon Club  
**11:00 AM Chapelwood UMC Service (2AR)**  
1:30 PM Pretty Nails  
**2:00 PM Grandparents Day Ice Cream Social & Movie**  
4:00 PM Break with Frank  
6:30 PM Easy Listening

**10**  
**Good News Day**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Word Games  
2:00 PM Easy Trivia  
**3:00 PM Painting with a Twist (1AR)**  
4:30 PM Bible Study  
6:30 PM Our Musical Favorites

**11**  
**Taste of Honey Day**  
9:30 AM Wellness Workout  
10:00 AM Make Honey & Brown Sugar Fudge  
11:00 AM Hymns & Harmonys  
2:00 PM Sensory Relaxation  
3:00 PM Snack o'Clock  
**3:30 PM Catholic Communion (1DR)**  
4:00 PM Suzy Q Sing Along  
6:30 PM Hand Spa

**12**  
**Chocolate Milkshake Day**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Make Chocolate Milkshakes  
2:00 PM Hymns & Harmonys  
3:00 PM Snacktivity  
3:30 PM Let's Get Physical  
4:00 PM Big Band Music  
6:30 PM Walkers & Rollers

**13**  
**Women in Politics Day**  
9:30 AM Wellness Workout  
10:00 AM Summer Cleaning  
11:00 AM Sort it Out  
2:00 PM Finish the Drawing  
3:00 PM Snack o'Clock  
4:00 PM Table Games  
4:30 PM Bible Study  
6:30 PM Hand Spa

**14**  
**Tootsie Day**  
9:30 AM Wellness Workout  
**10:30 AM Health Rhythms with Cindy (1LR)**  
**1:00 PM Reading Buddies at Duchesne Academy (L)**  
2:00 PM Tootsie Roll Craft  
3:00 PM Snacktivity  
4:00 PM Name That Tune  
7:30 PM Friday Film (Channel 897)

**15**  
**National Hispanic Heritage Month Begins**  
9:30 AM Wellness Workout  
10:00 AM Saturday Documentary  
3:00 PM The Lucy Show  
4:00 PM Musical Memories  
7:30 PM Saturday Film (Channel 897)

**16**  
**Mexican Independence Day**  
9:30 AM Wellness Workout  
10:00 AM Hymn Sing Along  
10:30 AM Coupon Club  
**11:00 AM Chapelwood UMC Service (2AR)**  
1:30 PM Pretty Nails  
2:00 PM Sunday Cinema  
4:00 PM Break with Frank  
6:30 PM Easy Listening

**17**  
**70th Emmy Awards**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Word Games  
2:00 PM Junk Drawer Detective  
4:00 PM Memory Lane Monday  
4:30 PM Bible Study  
7:00 PM 70th Emmy Awards

**18**  
**Yom Kippur**  
9:30 AM Wellness Workout  
10:00 AM Finish the Lyric  
11:00 AM Hymns & Harmonys  
2:00 PM Sensory Relaxation  
3:00 PM Snack o'Clock  
**3:30 PM Catholic Communion (1DR)**  
4:00 PM Suzy Q Sing Along  
6:30 PM Hand Spa

**19**  
**Talk Like a Pirate Day**  
9:30 AM Wellness Workout  
**10:00 AM Pirate Party! Arrgghh**  
2:00 PM Hymns & Harmonys  
3:00 PM Snacktivity  
3:30 PM Let's Get Physical  
4:00 PM Big Band Music  
6:30 PM Walkers & Rollers

**20**  
**Share a Favorite Poem Day**  
9:30 AM Wellness Workout  
10:00 AM Poetry Reading  
11:00 AM Sort it Out  
**2:00 PM Talent Show (WDR)**  
3:00 PM Snack o'Clock  
4:00 PM Let's Take a Walk  
4:30 PM Bible Study  
6:30 PM Hand Spa

**21**  
**Funny Sayings Friday**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Wacky Wordies  
2:00 PM Sensory Relaxation  
3:00 PM Snacktivity  
4:00 PM Name That Tune  
7:30 PM Friday Film (Channel 897)

**22**  
**Autumn Season Begins**  
9:30 AM Wellness Workout  
10:00 AM Saturday Documentary  
2:00 PM Match Them Up!  
3:00 PM Dick Van Dyke Show  
4:00 PM Musical Memories  
7:30 PM Saturday Film (Channel 897)

**23**  
**Happy Birthday, Ray Charles**  
9:30 AM Wellness Workout  
10:00 AM Hymn Sing Along  
10:30 AM Coupon Club  
**11:00 AM Chapelwood UMC Service (2AR)**  
1:30 PM Pretty Nails  
2:00 PM Sunday Cinema  
4:00 PM Break with Frank  
6:30 PM Easy Listening

**24**  
**Day of Darts**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Word Games  
2:00 PM Easy Trivia  
3:00 PM Snacktivity  
4:00 PM Memory Lane Monday  
4:30 PM Bible Study  
6:30 PM Our Musical Favorites

**25**  
**Do-Re-Mi Day**  
9:30 AM Wellness Workout  
**10:15 AM Lunch Bunch (L)**  
2:00 PM Sensory Relaxation  
3:00 PM Snack o'Clock  
**3:30 PM Catholic Communion (1DR)**  
4:00 PM Suzy Q Sing Along  
6:30 PM Hand Spa

**26**  
**Johnny Appleseed's Birthday**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Make Apple Muffins  
2:00 PM Hymns & Harmonys  
3:00 PM Snacktivity  
3:30 PM Let's Get Physical  
4:00 PM Big Band Music  
6:30 PM Walkers & Rollers

**27**  
**World Tourism Day**  
9:30 AM Wellness Workout  
10:00 AM Summer Cleaning  
11:00 AM Sort it Out  
2:00 PM Finish the Drawing  
3:00 PM Snack o'Clock  
4:00 PM Table Games  
4:30 PM Bible Study  
6:30 PM Hand Spa

**28**  
**Ed Sullivan Day**  
9:30 AM Wellness Workout  
10:00 AM The Price is Right  
11:00 AM Wacky Wordies  
**1:00 PM Reading Buddies at Duchesne Academy (L)**  
2:00 PM Sensory Relaxation  
3:00 PM Snacktivity  
4:00 PM Name That Tune  
7:30 PM Friday Film (Channel 897)

**29**  
**Slogan Saturday**  
9:30 AM Wellness Workout  
10:00 AM Saturday Documentary  
2:00 PM Match Them Up!  
3:00 PM The Lucy Show  
4:00 PM Musical Memories  
7:30 PM Saturday Film (Channel 897)

**30**  
**Little Women Day**  
9:30 AM Wellness Workout  
10:00 AM Hymn Sing Along  
10:30 AM Coupon Club  
**11:00 AM Chapelwood UMC Service (2AR)**  
1:30 PM Pretty Nails  
2:00 PM Sunday Cinema  
4:00 PM Break with Frank  
6:30 PM Easy Listening

TALENT SHOW  
THURS, SEPT 20TH  
2:00 PM  
Open to all residents and team members.  
Share your talent, big or small!  
Contact the Lifestyles Department to enter.

LUNCH BUNCH  
TUES, SEPT 25TH  
10:15 AM  
Please sign up with the Lifestyles Department.

**ROOM KEY**  
1AR - Assisted Living  
1st Floor Activity Room  
1DR - Assisted Living  
1st Floor Dining Room

1LR - Assisted Living  
1st Floor Living Room  
2AR - Assisted Living  
2nd Floor Activity Room

L - Lobby  
WDR - Windsor Dining Room

Activities  
Subject to Change

# September 2018

Nottingham

8550 Woodway, Houston, TX 77063 713.979.3777

