

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 A.M. Wellness Workout	10:00 A.M. Finish the Lyric	9:00 A.M. Coupon Club	10:00 A.M. Guardian Angel Notes with Jessica	9:00 A.M. Wacky Wordies
10:00 A.M. Table Games	11:00 A.M. Hymns and Harmonies	11:00 A.M. Make Mac and Cheese	11:00 A.M. Sort It Out	10:00 A.M. Health Rhythms with Cindy
11:00 A.M. Word Games	2:00 P.M. Sensory Relaxation	2:00 P.M. Snack O'Clock	2:00 P.M. Finish the Drawing	1:00 P.M. Reading Buddies at Duchesne Academy
1:00 P.M. Junk Drawer Detective	3:30 P.M. Catholic Communion	3:30 P.M. Wine Down with Jon Ingram	3:00 P.M. Snacktivity	2:00 P.M. Name That Tune
4:00 P.M. Memory Lane Monday	4:00 P.M. Suzy Q Singalong	4:00 P.M. Let's Get Physical	4:00 P.M. Let's Take a Walk	3:30 P.M. Musical Memories
4:30 P.M. Bible Study	6:30 P.M. Hand Spa	6:00 P.M. Walkers and Rollers	5:00 P.M. Big Band Music	7:30 P.M. Friday Film